

# Year 8 Cross Curricular Day 13<sup>th</sup> March 2009

Science, Maths, ICT and Food Technology

## Healthy Eating

All year 8 students were taken off timetable for their cross curricular day. This year the focus was healthy eating. The event was a collaboration of four subject areas.

In Food Technology the students had to produce a healthy soup. They were given essential ingredients then could choose 4 more to make their soup.



The smell was lovely and I'm sure they were very happy with their finished products.

In ICT they had to design packaging for their product.

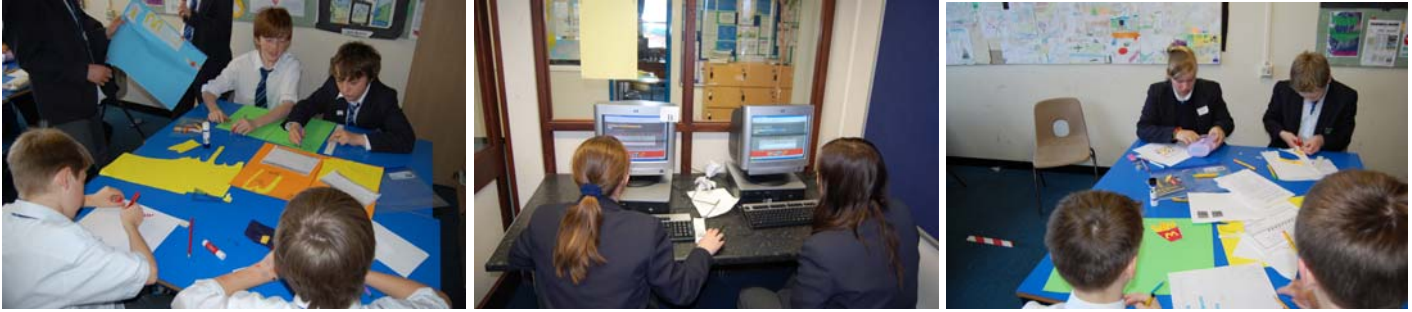


Once the design was complete it was printed out and put together. All packaging had nutritional values and some even gave details about how you could obtain a refund if you were not happy with the product.

Science had the students look at what was needed for a healthy life style. Fats, carbohydrates, protein, vitamins and minerals. The Students then choose how to present their findings. It went from posters to raps to pieces of drama.



The final subject they studied was math. Here they looked at a Fast Food Menu and had to decide how to present their data for the foods they found. What was good to eat and what had high fat content. Again there were various approaches but excellent work was produced by all.



The day was hard work but the students were excellent and very enthusiastic. I think they all thoroughly enjoyed the day with its challenges and the outcome was excellent pieces of work and great team work and cooperation. The biggest and most significant success was they all managed this day in teams and at the end of the day it was a very difficult decision to pick an overall winning team as they all worked well together.

L. Tillotson Specialist Schools Coordinator