



**At Crofton School  
Stubbington**

**Thursdays  
20:00 - 21:00**

**The Latin-inspired, easy-to-follow,  
calorie-burning, dance fitness-party™.  
Feel the music and let loose.**



**£5 per session  
Contact [james@get-focused.co.uk](mailto:james@get-focused.co.uk) for more  
Information.**