



# Summer Activities Programme

For children, young people  
and families





**The Maritime Bus** will be visiting us during the summer holidays bringing the fascinating world of maritime archaeology to life. These family sessions will allow you to explore a range of artefacts, models, interactive software, games and activities. No need to

book, just come along. Suitable for all ages. All children must be accompanied by an adult.

Date: Wednesday 4th August  
Time: 10:00am - 3:00pm  
Place: Crofton School, Marks Road  
Cost : FREE

You can also visit the Maritime Bus on:  
26th August at Lockwood Community Centre



**Cycle Training for  
Young Riders with  
Pedal Power  
Training**  
(ages 6 – 7 years)

Bring your own bike and safety helmet. Children must be able to cycle without stabilisers. FREE but places are limited, so you must book.

Date: 10th August  
Time: 10:00am - 12:00noon  
Place: Crofton Anne Dale Junior

Date: 11th August  
Time: 10:00am - 12:00noon  
Place: Crofton Anne Dale Junior

**BMX Training with  
Gosport BMX Club**  
(ages 11 - 16 years)  
BMX bikes provided



or bring your own.  
Safety equipment provided.  
FREE but places are limited, so you must book.

Date: 10th August  
Time: 1:30pm - 3:30pm  
Place: Crofton School

Date: 11th August  
Time: 1:30pm - 3:30pm  
Place: Crofton School

## *Spending Time With Your Child*

Spending quality time with your child makes them feel important, valuable and boosts their self esteem. It is an opportunity to find things out about each other and yourself, to model behaviour, including social and communication skills, and it is fun and enjoyable.

We are all different and so are our children, so there are different ways of spending positive time together. This time can include cooking, washing the car, sharing a book, writing a shopping list - things that are happening anyway every day and do not cost anything.

It is the time we spend with our child - frequent short times of 1-2 minutes - that will build positive relationships and make your child feel cared for and valued.

You can make the time with your child count by showing a genuine interest in them and what they are doing/saying, not criticising, giving positive body language - eye contact, being on the same level and stopping what you are doing. Remember . . . frequent short times of 1-2 minutes of quality time is better and more beneficial than 30 minutes of only half of your attention.

Sometimes it can be hard to spend positive time with our children due to the demands of other children, your job, your partner, feeling tired, busy.....these difficulties can be managed:

- Arrange a time when you are going to be available, and stick to it!
- Explain to your child when you can spend time with them - after peeling the potatoes or finishing your phone call, and stick to it!
- Consider when you are available to your child - are there opportunities you are missing e.g. walking to school, car journeys, meal times?

Think about things that you and your child enjoy doing together or might enjoy. Be realistic in your expectations of your child and yourself.

*Remember* . . . spending positive time with your child should be fun and the opportunity of frequent small amounts of quality time will be beneficial to you both.

If you would like more advice or support please contact  
Lisa Dalglish, Parenting Support Advisor Tel: 07867 970024  
or she will be available at  
Stubbington Library  
Tuesdays during the summer holidays  
Time: 10:00am -11:30am

## Activities at Crofton School, w/c 16th August

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### Monday 16th August



#### Drama workshop

Time: 10:00am - 2:30pm

For: Ages 11 -14 year olds

Cost: £10.00 per person



#### Family Fun

Enjoy spending time together at our medieval themed afternoon. Bring your own picnic and enjoy listening to our magical storyteller; join in the fun

family craft sessions and get up close to amazing birds of prey at the falconry display.

For families with children aged 4 -11 years. All children must be accompanied by an adult.

Time: 12:00noon - 3:15pm

Cost: Adults £4.00, Children £2.00.

Family £10.00 (2 adults + 2 children).

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### Wednesday 18th August



#### Jester Workshop

Learn juggling, tricks, circus skills, balance beam & unicycle.

Time: 10.00am-3.00pm

For: Ages 8-14 yrs

Cost: £10.00 per person

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### Friday 20th August

#### Arts & Craft

Jester Hats

Ages 7 - 11 years

Time: 10:00am -12:00noon

Cost: £3.00 per person

Medieval Masks

Ages 11 - 14 years

Time: 12:30pm -2:30pm

Cost: £3.00 per person



#### Archery

Learn the basics of target archery - for beginners.

Time: 10:00am -12:00noon Ages 11 - 14 years

Time: 12:30pm - 2:30pm Ages 7 -11 yrs, accompanied by an adult.

Cost: £3.00 per person



## FREE Summer Bowling



Learn how to bowl at these free sessions running throughout August.

Every Monday

Time: 10:00am - 11:00am

Every Wednesday

Time: 4:00pm - 5:00pm

For ages 6 -16 years. Children must be accompanied by an adult.

To book your place

Tel: 01329 287808

Go Bowling

Newgate Lane, Fareham

## Elite Multi Sports

at Crofton School

2nd - 6th August

9th -13th August

For girls & boys 4 -14 years.

£50 for 5 day course

or £12 per day.

Free phone: 08081 444 099

## Stubbington Springboard Gymnastics

Trampolining, Trampette

& Gymnastics Sessions

at Crofton School

3rd, 5th, 19th & 20th August

for Years R to Year 6

Full day: 9:15am - 3:30pm, £15.00

Half day: 9:15 -12:15pm or

12:30pm - 3:30pm, £9.00

Enquiries: Linda Reeve

Tel: 07930 856572

Book by 21st July

## Skateboarding

All equipment supplied, or bring your own. Ages 10 -16 years.

No booking required, just turn up. FREE but places are limited

to 20 per session. See [www.fareham.gov.uk](http://www.fareham.gov.uk) for a map and

directions to the skate parks.



Tuesday	10:00am - 11:30am	12:30pm - 3:00pm
3rd August	Crofton School, Marks Road	Locks Heath Centre Skate Park
10th August	Park Lane Ramp	Blackbrook Mini Ramp
17th August	Locks Heath Centre Skate Park	Crofton School, Marks Road
24th August	Blackbrook Mini Ramp	Park Lane Ramp

Places are limited so please book early to avoid disappointment. To book please complete your booking form and return with your payment to your child's school by Monday 19th July.

Please ensure that your son/daughter wears clothing and footwear suitable for the activity. They should bring a drink for all activities and for session over two hours should also bring a packed lunch.

### L.E.A.P - Learn Enjoy and Achieve through Participation

Would your child like to take part on some holiday activities but you need help paying fees? Ask your child's school about the L.E.A.P subsidy.

Anita Sloan  
Extended Services Co-ordinator  
Tel : 07500 700068  
Email: [asloan@crofton.hants.sch.uk](mailto:asloan@crofton.hants.sch.uk)  
Website: [www.croftonschool.co.uk](http://www.croftonschool.co.uk)

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Our partner schools in Fareham also offer a range of activities during the school holidays. Visit their websites to see 'What's On'.

The Henry Cort Community College  
Website: [www.henry-cort.hants.sch.uk](http://www.henry-cort.hants.sch.uk)  
Tel: 01329 843127

Neville Lovett Community School  
Website: [www.nevillelovetts.hants.sch.uk](http://www.nevillelovetts.hants.sch.uk)  
Adult & Community Learning Office Tel: 01329 823471

Brookfield Community College  
Website: [www.brookfield.hants.sch.uk](http://www.brookfield.hants.sch.uk)  
Lockwood Community Centre Tel: 01489 582512

Fareham Borough Council Play Rangers will be running free open access sessions at parks throughout the borough during the summer holidays.

For details visit their website at: [www.fareham.gov.uk](http://www.fareham.gov.uk)  
Tel: 01329 236100 or Email: [community@fareham.gov.uk](mailto:community@fareham.gov.uk)

See [www.netmums.com](http://www.netmums.com) South East Hants, for 'Things to Do' during the summer holidays.

Please tick

- I agree to a member of staff administering first aid, seeking medical advice and emergency treatment for my child/children if necessary.
- I acknowledge that all providers have legal obligations in relation to Child Protection and will act in the best interests of my child/children.

I agree to register my child/children with the tutor at the start of the session and will collect him/her at the end of the session (if children are 10 years or younger).

OR

My child is 11 years or older and will arrive and leave the session unaccompanied by an adult. *Please not that children will only be supervised during the session and should leave the site immediately after the activity.*

I give permission for my child/children to be photographed whilst participating in activities, for use in Extended Services promotional material.

Please state	Child 1 M/F	Child 2 M/F
<ul style="list-style-type: none"><li>● Medical Conditions</li><li>● Allergies</li><li>● Special Needs</li><li>● Other information</li></ul> <p>Please continue on a separate sheet if necessary</p>		
GP Name: Address: Telephone:		

Signature of Parent/Guardian:

Print Name:

Date:

If you require confirmation of your booking please give your email address

**Email: (please print)**

or include a SAE with your booking form.



## Summer Activities Booking Form

Title:	First Name:	Surname:
Address:		
		Postcode:
Tel: (home)	Tel: (work)	Tel: (mobile)
Alternative contact during activities:		
Children	Child 1 M/F	Child 2 M/F
First name:		
Surname:		
Date of birth:		
Age:		
School /Year Group:		
Activities Date/Time:		
Cost: Cheques payable to Crofton School		

Full payment is required with your booking, unless you are claiming the LEAP subsidy. All activities offered are subject to a minimum number of participants; we reserve the right to cancel any activity. You will be informed if an activity is cancelled and a full refund will be given. If you cancel your booking a refund will only be given if we are able to fill the place with another booking.

For office use only:

Total payment:

Cash/Cheque

Receipt No:

Initials:

Date entered on register:

PLEASE COMPLETE BOTH SIDES OF THIS FORM