

# What's On - August 2010

Tel: 02392 553816

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2nd 1:30 – 3:00 <b>Wiggle and Giggle</b>	3rd 10:45 - 11:30 <b>Buggy Blast</b>	4th <del>8:30 – 4:00 Ante-Natal Clinic</del> 10:00 – 12:00 <b>Breastfeeding Cafe</b> 1:30 - 3:00 <b>Little Stubblees</b>	5th 8:45 - 12:00 <b>JobCentre Plus</b> 9:30 – 11:30 <b>Time to Play</b> 10:00 - 12:00 <b>Baby Play @ Stubbington</b>	6th <del>9:30 – 11:30 Childminders</del> <del>11:00 – 12:30 Bumps &amp; Babies @ St Faith's</del>	7th <b>Only Dad's Allowed</b>
9th 1:30 – 3:00 <b>Wiggle and Giggle</b>	10th 10:45 - 11:30 <b>Buggy Blast</b>	11th 8:30–4:00 <b>Ante-Natal Clinic</b> 10:00 – 12:00 <b>Breastfeeding Cafe</b> 1:30 - 3:00 <b>Little Stubblees</b>	12th 9:30 – 11:30 <b>Time to Play</b> 10:00 - 12:00 <b>Baby Play @ Stubbington</b>	13th <del>9:00 – 11:00 Grandparent Carer Group</del> 11:00 - 12:30 <b>Bumps &amp; Babies @ St Faith's</b>	14th <b>Closed</b>
16th <b>Centre Closed</b>	17th 10:45 - 11:30 <b>Buggy Blast</b> <b>Centre Closed</b>	18th 8:30–4:00 <b>Ante-Natal Clinic</b> <b>Centre Closed</b>	19th 10:00 - 12:00 <b>Baby Play @ Stubbington</b> <b>Centre Closed</b>	20th 11:00 - 12:30 <b>Bumps &amp; Babies @ St Faith's</b> <b>Centre Closed</b>	21st <b>Closed</b>
23rd 1:30 – 3:00 <b>Wiggle and Giggle</b>	24th 10:45 - 11:30 <b>Buggy Blast</b>	25th 8:30–4:00 <b>Ante-Natal Clinic</b> 10:00 – 12:00 <b>Breastfeeding Cafe</b> 1:30 - 3:00 <b>Little Stubblees</b>	26th 9:30 – 11:30 <b>Time to Play</b> 10:00 - 12:00 <b>Baby Play @ Stubbington</b>	27th 11:00 - 12:30 <b>Bumps &amp; Babies @ St Faith's</b> <del>9:00 – 11:00 Grandparent Carer Group</del>	28th <b>Closed</b>
30th <b>Bank Holiday</b>	31st 10:45 - 11:30 <b>Buggy Blast</b>				

Please note: The Centre will be closed on the week of 16th August, apart from Buggy Blast, Ante-natal and our groups in Stubbington and St Faith's Church.

**Baby Play @ Stubbington** - This is a drop in play session to support the Child Health Clinic, so feel to pop in and have some fun with your baby. £1 per family. Age range is babies to walking.

**Buggy Blast** - Improve your fitness, lose weight and feel great, with no childcare costs!. £12 for course (payable in advance). You will receive a card that can be used at any session over a 9 week period.

**Bumps and Babies** - St Faith's Church and Stubblee Hill CC are working together to bring you this group every Friday. It will be held at St Faith's Church in Lee-on-the-Solent from 11 - 12:30pm. £1.50 per family. This group is for mums to be and mums and dads with a baby 0 - crawling.

**Young Parents Event at Tree House CC** - Phone Tree House CC on 02392 583208 for more details. Wednesday 11th August 11 - 2pm.

## Regular Groups

**Time to Play** - A messy play session for under 5's. No need to book – just drop in! £1 per session. Places limited!

**Childminders Group** – A drop-in session for childminders only (every other Friday). Own charging policy.

**Baby Signing** – This group is for babies between 4 months and 1 year. You need to book a place on a course (5 week course). £15 payable in advance

**Wiggle and Giggle** – A fun session for babies from 3 months to walking and their parent/carer. £1 per session.

**Little Stubblees** – A drop-in messy play session for children aged from walking to 3 years. £1 per session.

**Antenatal Clinic** – The midwife will be working from the centre. This is an appointment only session.

**Breastfeeding Café** – Come along and enjoy a coffee and a chat with other breastfeeding mums. £1 per session. Mum's to be welcome.

**Grandparent Carers** – This session is for grandparent carers who look after their grandchildren regularly. Alternate Fridays. £1 per session.

**Baby Massage** - For babies aged between 4 weeks and 6 months. Call to book a place. £6 for course - payable in advance. Please register your interest in the next available course.